

Welcome to Respite

Respite Service (short term stay) is arranged through Vancouver Island Health Authorities Home and Community Care. If you have questions about access to Respite or to confirm your dates, please contact your Long Term Care Case Manager.

Please try to arrive between 10:30 and 11:00 am on your day of admission. We ask that the person responsible for payment and/or your legal Power of Attorney be with you upon check-in to sign various documents and verify information.

Please try to arrange to be picked up by 9:30 am on the day of discharge.

Your Room

You will have a private room and a two piece bathroom (toilet and sink). The respite rooms are equipped with an adjustable bed, dresser, wardrobe, night table, electric lounge chair, television and lamp. All linen is provided by the facility. There is a call bell system in each room with an intercom so individuals can access the nursing staff. Your room is located on Cottonwood Close with a lovely view of the grounds.

Meals

All meals are served in the Cottonwood dining area, beverage and snack carts circulate three times per day. Please let us know if you have food allergies/sensitivities or preferences so that we can plan substitutions. You will be assigned a seat and table mates for the duration of your stay. Should you have any concerns about meals or dining room placement, our Registered Dietitian can make alternate arrangements.

Activities

A variety of social, emotional, cognitively-stimulating and physical programs are offered in all of our care units. You are invited to take part in the programs that are of interest to you. Activity staff will invite you to the planned events.

WHAT TO BRING

Clothing

You are encouraged to bring the clothes you are most comfortable wearing at home. Make sure the clothing is machine washable/dryable. We do not offer dry cleaning or hand washing. We do our best to wash your clothes separately so they are less likely to be misplaced. It is recommended to have all clothing items marked with your name in case it does get mixed in with Lodge Resident laundry. The family is welcome to do your laundry at home, just let the Nurse know upon admission.

Personal Items

We encourage you to bring a few things from home that will provide comfort. Consider bringing along your family photos, CD player and music, books, magazines, a favourite throw blanket and so on. Please ensure your property is labelled so that it can be identified should it be misplaced.